



Emergency First Aid at Work

Who should attend?

For people who:

- Are drivers who wish to have a basic awareness and understanding of emergency first aid in the workplace

Aims

To provide course members with:

- An overview and introduction to the procedures required
- Basic skills to apply in the event of a person(s) taken ill or injured in the workplace

Content

The course includes:

- Respiration and hypoxia
- Nervous system problems (unconsciousness)
- The recovery position
- Circulatory disorders
- Legislation
- CPR
- Wounds and bleeding
- Burns and scalds

Number of delegates: minimum 6, maximum of 12

Duration and delivery: 1 day 7 hour CPC course.

Based in a training room

- Short lectures
- Demonstrations
- Group discussions
- Individual exercises

Successful completion of the course leads to a **MPQC Certificate of Achievement**

Contact details: For further details or to make a booking, contact the Drivers Skills Card Team on 0115 9835755 or email: info@mpskills.co.uk

